girl scouts diamonds of arkansas, oklahoma and texas









# Diamonds Program Guide

August 2023-January 2024



# Cardboard Boat Regatta



Build a sea-worthy boat made entirely of cardboard and duct tape for a friendly race with your Girl Scout sisters!

Girl Scouts will work to design and construct boats using only duct tape and cardboard, then race to the soggy finish on Lake Dardanelle. Other activity offerings will include state park programming and a community service project. Participate as a troop, individual Girl Scout, or family!

Saturday, October 7-Sunday, October 8, 2023 See more information on page 34

# Girl Scouts Love State Parks

Join thousands of girls in hundreds of state parks across the United States to find adventure, explore nature and learn what Girl Scouts is all about. Come share your love of the great outdoors and revel in the magic and wonder of nature together. It's the perfect chance to get some fresh air, see memorable sights and get inspired.

Get outdoors, enjoy the fall weather, connect with your family or troop and explore your local State Parks! Girl Scouts, troops and families are invited to visit their local state park.

National "Girl Scouts Love State Parks" patches are available for purchase online at <a href="GirlScoutShop.com">GirlScoutShop.com</a> or through the Diamonds shop!

Saturday, September 9-Sunday, September 10, 2023 See more information on page 29.

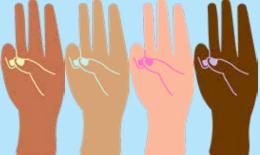


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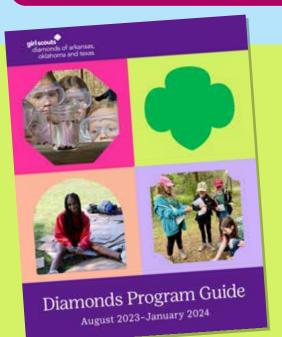
# Welcome to Your August 2023-January 2024 Program Guide!



Welcome to another great Girl Scout year! I hope you find this tool a useful resource for planning the first part of the 2023-2024 membership year. We'll have a second guide at the beginning of 2024 with more exciting programming to round out the year.

Enjoy!





# How to Use This Guide in Three Easy Steps...

- 1. Read through new programs starting on page 29.
- 2. Go to GirlScoutsDiamonds.org for more program details.
- 3. **Register online** to reserve your spot.

We are adding programs all the time! Want monthly updates on the new programs? Opt in to emails!

Questions? Email info@girlscoutsdiamonds.org or call 800-632-6894



### Girls

Read through this guide and pick events, trips, and camps you'll love!



### Troop Leaders

Use this guide to help plan your 2023-2024 Girl Scout year. Be on the lookout for this year's second guide.



### Caregivers

Find adventures in this guide with your Girl Scout!

# Who Can Become a Girl Scout?

Any girl, kindergarten through 12th grade, and any adult can join Girl Scouts. You can join a troop or attend events as an Individual Girl Member.

Annual, national membership dues for October 1, 2023 – September 30, 2024, are \$25 for each girl and adult. Register your Girl Scout membership online at GirlScoutsDiamonds.org.

# Girl Scout Mission

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

# Girl Scout Promise

On my honor, I will try:
To serve God\* and my country,
To help people at all times,
And to live by the Girl Scout Law.

\*Members may substitute for the word God in accordance with their own spiritual beliefs.

# Girl Scout Law

I will do my best to be:
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to:
respect myself and others,

respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.



# Benefits of Girl Scouts

Try new things. Make new friends. Go on more adventures than you can count. There's a whole world of opportunities waiting for you when you become a Girl Scout!

In Girl Scouting, girls enjoy the fun, friendship, and power of girls together. Through enriching experiences and activities, girls discover their values, connect with those who share their vision, and take action to make the world a better place.

# The Girl Scout Difference

We all know the Girl Scout mission: building girls of courage, confidence, and character, who make the world a better place. But how exactly does that happen? Our success comes from focusing on the Girl Scout Leadership Experience (GSLE).

The GSLE is designed to help girls everywhere develop as leaders and build confidence by learning new skills. It also ensures that Girl Scouts at every level are sharing a powerful, national experience—girls together changing the world!

# Four Pillars of the GSLE

Everything in Girl Scouts centers around our four pillars, designed to meet her where she is now and to grow along with her. Whether she's building a robotic arm, coding her first app, packing for her first hike, or advocating for change in her community, a Girl Scout has an exciting array of choices to suit her interests at every age.





Outdoors





Life Skills

Entrepreneurship

# Five Outcomes of the GSLE

Our GSLE is a one-of-a-kind leadership development program for girls, with proven results. When girls participate in Girl Scouts, they thrive in five key ways:

- 1. Strong Sense of Self
- 2. Positive Values
- 3. Seeks Challenges
- 4. Healthy Relationships
- 5. Problem Solving

# Supervision

Some of the programs listed in this guide are open to girls only, with council staff or volunteers providing the necessary supervision. Other programs require that adults register and attend with girls. For those programs, adults must register for and attend the program (and be a current Girl Scout member) with girls using the below recommended volunteer-to-girl ratios.

Volunteer-to-girl ratios show the minimum number of volunteers needed to supervise a specific number of girls and ensure their safety and health. Your group must have at least two unrelated, approved volunteers present at all times, plus additional volunteers as necessary for the group's size. Any adult who supervises girls must be at least 18 years old, a registered Girl Scout member, and background screened before volunteering. One troop co-leader in every group must be female.

	Volunteer-to-Girl Ratio	D	В	J	C	S	A
p or oup ings	<b>Two</b> unrelated volunteers (at least one of whom is female) for this number of girls:	12	20	25	25	30	30
whom is female) for this number of girls:  Plus one additional volunteer for each additional number of this many girls:  Two unrelated volunteers (at least one of whom is female) for this number of girls:  Plus one additional volunteer for each	1-6	1-8	1–10	1–12	1–15	1–15	
ents, avel, mp		6	12	16	20	24	24
Eve Tr: Ca	<b>Plus one</b> additional volunteer for each additional number of this many girls:	1–4	1–6	1-8	1–10	1–12	1–12

# Program Symbols

Each Girl Scouts — Diamonds program is designed for different grade levels, and may include a specific theme or activity. This key will help you understand grade levels and the corresponding symbols to pick the events that are just right for you or your troop/group:

Daisy (K-1)

**B** Brownie (2-3)

**J** Junior (4-5)

C Cadette (6-8)

**S** Senior (9-10)

Ambassador (11-12)

**F** Family Welcome

V Volunteers

Safety
First!

For safety
guidelines for specific
Girl Scout activities,
search Safety Activity
Checkpoints on
our website.

# Troop or Individual?

Girl Scouting is for every girl! Whether you belong to a troop or venture solo as an individual member, there is a place for you in Girl Scouts. Either way, you can do all of the activities in this program book! Read on to see which is best for you!

There are two great ways to be a Girl Scout! How will you participate?

### As a Troop Member ...

- You will be part of a group that meets regularly and plans activities together.
- You will work together as a team to set goals, brainstorm ideas, complete service projects, earn Girl Scout awards, participate in programs (including the Cookie Program), and more!
- You will be guided by two or more Girl Scout-qualified volunteers, your activities will be girl-led, and you will develop leadership skills and friendships that will last a lifetime.

### As an Individually Registered Girl (IKG) ...

- You will customize your Girl Scout experience with the support of the adult mentor of your choosing.
- You can mix and match your interests and participate in EVERY aspect of Girl Scouting, including special events, programs, service projects, travel opportunities, camp, and product programs like selling Girl Scout Cookies!
- With no troop meetings, you can arrange your Girl Scout activities around your busy schedule.
- You can earn recognitions and awards, including the Gold Award when you are a Girl Scout Senior or Ambassador!

# Grade Levels



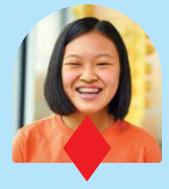
**DAISIES** (Grades K-1) Learn to care for themselves, animals, and protect Earth's treasures.



**BROWNIES** (Grades 2-3) Go on a quest to find the keys to leadership and learn their place in the world.



**JUNIORS** (Grades 4-5) Learn types of skills leaders need to succeed, and earn their Bronze Award.



**CADETTES** (Grades 6-8) Develop relationship skills needed to be leaders, and earn their Silver Award.



**SENIORS** (Grades 9-10) Have a vision, lead the world closer to it. and earn their Gold Award.



**AMBASSADORS** (Grades 11-12) Advocate for issues they care about, aim for justice, and earn their Gold Award.

# Meet Our Program Team

Ever wondered who works behind the scenes to bring all the life-changing programming to your Girl Scout? Girl Scouts — Diamonds has an amazing team who works year-round to bring quality Girl Scout programs and experiences to girls in Arkansas, Oklahoma and Texas.



### Bianca "Wizard" Dugger

Bianca is the older girl program specialist. She oversees highest awards, Program Aide and Volunteer in Training (VIT) programs, along with any council-sponsored CSA programs. She has been with Girl Scouts since 2021 and loves fitness, reading and spending time with her family.



### Cassandra "Vegas" Funes

Cassandra is a program specialist who specifically oversees Destinations and Program Partners programs. Cassandra loves traveling, cooking and spending time with her family.



### Katie "Sparkle" Vansell

Katie Vansell is a STEAM Activities Leader. She is also a Girl Scout mom and volunteer! Becoming a Girl Scout volunteer opened her eyes to the important work Girl Scouts is doing in the lives of local girls. She encourages everyone to get involved. Katie loves reading non-fiction, hiking, swimming, traveling, campfire songs and spending time with her family.



### Kayla "Sunflower" Thompson

Kayla is our STEAM Center manager based in Fort Smith at the STEAM Center at Burnham Woods. Kayla loves reading, art, chatting with new and old friends, and spending time with her family on road trips.



## Kerri "QTip" Walker

Kerri is our equine program manager and oversees horse programming at Camp NOARK. Kerri has been a Girl Scout since she was 8 years old and fell in love with horses because of her childhood Girl Scout camp - Camp Storey.



### Teri "Hummingbird" Dyer

Teri is the outdoor program manager and oversees outdoor programming and training across the council. She is based at Camp NOARK in Huntsville. Teri loves quality time with her kids, her music turned up loud, chatting with everyone, and being outside.



### Sarah "Flash" Livengood

Sarah is the program director for Girl Scouts — Diamonds and is a troop leader. As a lifetime member and 25+ year alum, she credits her leadership skills and love of the outdoors to growing up in the Girl Scout program, and working her way from Program Aide to program director. She enjoys summer, hiking, and spending time with family and friends.

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# Rentals

Experience the great outdoors while developing teamwork and self-sufficiency. No matter which adventure you choose, it will be unforgettable.

# Equine

Build your own horse activity! Plan anything from individual lessons to service unit encampments

This year the barn is hoping to be your one-stop shop for scheduling and building your experience

Equine programming is available year-round to all groups. Contact barn@girlscoutsdiamonds.org to book your ground, mounted, or trail ride experience!



# Camp

Troops can reserve archery, BB guns, hatchets, or challenge course by emailing <a href="mailto:camp@girlscoutsdiamonds.org">camp@girlscoutsdiamonds.org</a>







# Property Rentals

Visit a Girl Scout property any time during the year! We welcome all types of groups, Girl Scout members, private parties, and family groups for:

- Troop camping
- · Service unit camping and events
- Meeting space (free for Girl Scout members) at all locations, including our regional offices in Fort Smith, Jonesboro, Little Rock and Rogers.
- Family reunions
- Weddings
- Parties and other events

# Important

Girl Scout members and their families receive a 50% discount on all overnight rentals!

To view availability, rental fees and book a reservation, visit our website or call us at 800-632-6894



### Camp NOARK | Huntsville

Camp NOARK's 300 acres have been the home to Girl Scouts since 1967. This property is located north of the intersection of highway 23 and 412, near Huntsville. Camp NOARK offers horseback riding, target sports, a low ropes course, hiking, hammocking and a sisterhood in song to all. Camp NOARK also offers lodges and cabins with heat/AC and electricity, primitive cabin units, platform tent unit with canvas tents and platforms for tents.

## Burnham Woods | Fort Smith

Burnham Woods is located in Fort Smith and also serves as one of our regional offices. It is located in the River Valley of Arkansas between the Ouachita Mountains in the south and the Boston and Ozark Mountains of the north and is a gateway city to the Ozarks. This 13.5-acre property offers hiking, outdoor cooking, and hammocking. The housing includes lodges and cabins with heat/ AC and electricity, a primitive cabins unit and platforms for tents.





### Radford House | Hot Springs

Radford House is a 14-acre property nestled in a wooded oasis in a rapidly developing area of Hot Springs, AR. Radford House offers a spacious meeting room, full kitchen, modern bathroom facilities, cabins, fire pits, hiking trails and a tent area. Radford House is great for groups interested in sightseeing in Historic Hot Springs or enjoying a back-to-basics camping adventure.

# Looking forward to a sweet partnership!



# OWN YOUR Magic



• In-person sales:

September 15-October 15

• Online sales:

September 15-October 29



# Girl Scout Cookie Program



### **2024 COOKIE PROGRAM DATES**

January 12–January 28

January 12-March 17

February 23-March 17

# S'mores and the Outdoors



Girl Scouts of all levels will learn about nature, animals, art, and have outdoor fun with the Girl Scouts – Diamonds STEAM Team and Arkansas Game and Fish during this outdoor event and encampment. Camp out with us from Friday night to Saturday or attend the event on Saturday only. Saturday overnight camping is also available, but no programming or meals are provided.

Fishing, kayaking, and target sports skills will be some of the outdoor activities offered at this event!

Friday, September 15-Saturday 16, 2023

See more information on page 30.

# NOARK Sampler Day

# Visit Girl Scouts – Diamonds beautiful Camp NOARK and see everything our camp property has to offer!

This day will give you the opportunity to sample some of the activities that are available to reserve year round and experience at summer camp! Choose from some of our favorite activities: crafts, horse programming, BB guns, archery, hatchet throwing or the challenge course.

Saturday, September 16, 2023

See more information on page 30







# Venture Out Training Series

### **VENTURE OUT I | Travel and Safety\***

In this training, Girl Scout volunteers will learn how to take their Girl Scouts on safe and fun adventures. This training is required before any overnight trips, which includes anything from sleepovers to international travel. This hour long course is available in gsLearn by emailing <a href="mailto:info@girlscoutsdiamonds.org">info@girlscoutsdiamonds.org</a>. While it is not required to retake VOI if you have already taken the previous version, we highly recommend this training to be up-to-date on the travel application process that is required for any overnight trips, domestic travel, or trips over 120 miles.

### **VENTURE OUT II | Camping and Campfires\***

Following this hybrid training, volunteers will have training in outdoor skills and troop camping progression that will enable them to take their troop on overnight camping trips. Venture Out II training has been revamped to no longer include an overnight for participants. If you have previously taken this training, you do not need to retake it.

### **VENTURE OUT III | Outdoor Cooking**

Volunteers and older girls are welcome to this fun outdoor cooking training. Following this one day, in-person training, participants will have knowledge to complete many different types of outdoor cooking, including campfire, charcoal, and propane stove. This is not a required training, but a great opportunity to advance and develop your outdoor skills. This training is open to Seniors and Ambassadors looking to work with younger Girl Scouts.

### **VENTURE OUT IV | Backpacking**

Spend a weekend learning the skills you need to take your Girl Scouts on overnight backpacking trips. Previous backpacking experience is not required, but hiking experience is encouraged. Must be able to walk approximately 8 miles over varied terrain and carry about 30lbs. You will be required to carry your own tent, personal gear, food and water. A pre-trip in-person meeting is required and will cover questions about gear and safety. Dinner is provided, but lunch, snacks, and breakfast must be brought with you. Limited gear is available to borrow. This is a highly recommended training before taking Girl Scouts backpacking.

\*Required training before taking part in certain activities



# Archery Training Resources

Contact your local Arkansas Game and Fish office/ nature center for free training! Once complete, contact <u>camp@girlscoutsdiamonds.org</u> to put your training on file and take a short, online, gsLearn course on whistle commands.



# Trave

Pack your bags and get ready to experience the world you live in! Whether you decide to travel near home or far away, these adventures will stay with you forever.

# Travel Overview

Girl Scouts love to travel—from the field trips they take as Brownies to the global adventures they go on as teens. If you love exploring different places and cultures, then Girl Scouts is the place for you. How far will your Girl Scout experience take you? That's up to you!

### VISIT OUR WEBSITE FOR ...

- Troop travel information
- GSUSA Destinations Trips
- Important travel forms

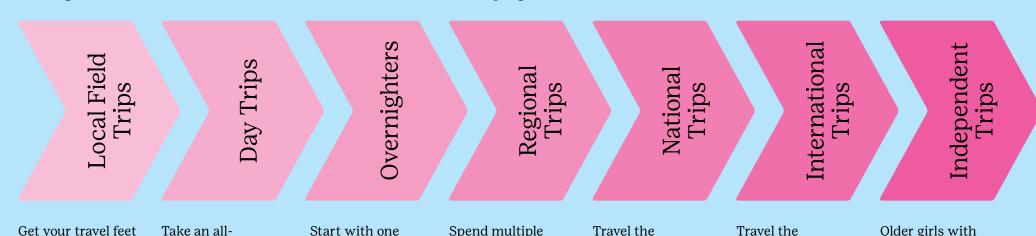
# **GSUSA** Destinations

Girl Scout Destinations are the ultimate adventure for individual Cadette, Senior, and Ambassador Girl Scouts. Push past your comfort zone by applying for a trip on your own, and make friends from all over the country as you travel with new friends. There's a unique, life-changing experience for everyone. For more information visit: Girl Scouts Destinations

TRIP NAME	TRIP DATES	GRADES	PROGRAM FEE	
Mermaids on the Move	June 2024	6-8	\$2,500	
Bell'Italia	June-July 2024	9-12	\$5,514	
College Knowledge Road Trip	July 2024	9-12	\$1,800	
Down the Jersey Shore and More!	July 2024	9-12	\$1,995	
Cuisine and Culture in Southern Italy	July 2024	9-12	\$5,249	
Pacific Northwest Adventure	July-August 2024	9-12	\$2,200	
Diamonds Destination! High Adventure Mountain Biking in the Ozarks	June 2025	10-12	\$1,350	

# Trip Progression Information

Progression allows girls to learn the skills they need to become competent travelers, including how to plan and organize trips. Because when girls take the lead, the possibilities are endless! Girls should have experience at every level of the progression before moving on to the next level. For regional travel, girls must be Juniors or older. For national and international trips, girls must be Cadettes or older.



Get your travel feet wet! Walk to a nearby garden, or take a short ride to a firehouse or other local spot. Girls choose the location.

day trip! Girls choose a nearby location and activity—like a badge step and plan lunch.

Start with one night, maybe at a camp or museum. Girls plan the location, activities and meals.

Spend multiple nights somewhere a few hours from home. Girls plan most of the details, like activities and lodging. Travel the country! Trips often last a week or more. Consider visiting places like historical sites, museums, or national parks.

Travel the world! These life-changing trips usually take one to three years to prepare. Girls plan their entire trip.

Older girls with travel experience can travel solo with council-sponsored trips or GSUSA's Destinations program.

# GSUSA Destinations Scholarship

GSUSA provides D-Pass Travelship Grants to councils for distribution to girls selected for Destinations. Girls from Girl Scouts — Diamonds may apply for D-Pass funding to help pay for their Destinations costs, including transportation to and from the location where the trip originates. Applications for D-Pass funding will be sent to girls selected for Destinations.







# Travel Workshops

Whether you are considering taking a future Girl Scout trip, or ready to embark on one soon, these travel workshops will help you understand all there is to know about traveling with Girl Scouts.

Connect with our program specialist to learn more about the 2024 Destinations and scholarships available. For any questions or concerns regarding the webinars or destinations, please contact program@girlscoutsdiamonds.org.

### Mermaids on the Move 2024

Grades 6-12 CSA September 26, 2023

A sneak peek for Mermaids on the move 2024 trip will be discussed.

**Time:** 6-6:45pm

Register By: September 21

Where: Virtual

### **Pacific Northwest** Adventure 2024

Grades 6-12 October 25, 2023

A sneak peek for Pacific Northwest Adventure 2024 trip will be discussed

**Time:** 6-6:45pm

Register By: October 19

Where: Virtual

### Cuisine and Culture in Southern Italy 2024

Grades 6-12

CSA

November 16, 2023

A sneak peek for Cuisine and Culture in Southern Italy 2024 trip will be discussed.

**Time:** 6-6:45pm

Register By: November 9

Where: Virtual

# Notes from the Communication Team

We know how important volunteers are to the Girl Scout organization. You are key in bringing the very best experiences to the girls you serve, and sharing the Girl Scout story to bring awareness to those outside our organization.

# **Important**

### **USE PROPER LOGOS!**

All Girl Scout and Girl Scouts - Diamonds logos were updated in 2020, but we still see old ones being used often. Our new logos can be found on the website by searching for Brand Center or you can request by email online@girlscoutsdiamonds.org

### How You Can Help Us

### SHARE YOUR PHOTOS AND STORIES

We rely on volunteers and parents to send us photos that document all the great things girls and volunteers are doing. Please keep those photos coming to <a href="mailto:online@girlscoutsdiamonds.org">online@girlscoutsdiamonds.org</a>. We are always looking for awesome Girl Scout stories!

### SHARING YOUR STORIES WITH THE MEDIA

We're excited to have you tell the Girl Scout story and are here to help you along the way! Before reaching out or responding to local media, please touch base with the communications team to review your materials and ensure your content and branding is correct. We can also give you tips and tricks for pitching your story, interview etiquette, and more to give your story the impact it deserves.

### SEND US PROMOTIONAL MATERIAL OR OTHER BRANDED ITEMS FOR APPROVAL

Before sharing flyers or buying shirts, please send your art to us for approval! This helps us keep your designs and the Girl Scout brand looking as good as possible.

### FOLLOW US ON SOCIAL MEDIA

Keep up with what Girl Scouts in your community are doing by following us on Facebook and Instagram! Sharing our posts on your troop or service unit pages helps spread the word about events and activities to those who may not follow us, and sharing to your personal accounts helps others learn more about today's Girl Scouts.

# How We Can Help You

### EVENTS AND TRAINING CALENDAR

Found on our website, this easy-to-use resource helps you search for upcoming events (including girl and adult programming) by age level and type of activity.

### THE DIAMONDS INSIDER EMAIL

Sent to all registered volunteers once a month and contains news such as deadline reminders, shop updates and volunteer resources.

### THE DIAMONDS PROGRAM UPDATE EMAIL

Sent to all registered Girl Scout caregivers and volunteers, this email includes a highlight of upcoming events and other event-related news and opportunities.

### REVIEW YOUR MATERIALS/CONSULT ABOUT PROMOTING GIRL SCOUTS

The communications team can review your flyers, press releases and t-shirts to ensure branding compliance. We can help you locate information on the website and consult with you on how to get the most from your social media posts. Additionally, we can talk to you about opportunities to promote your troop's community service and highest awards projects, your troop travel and other girl highlights. Email us at online@girlscoutsdiamonds.org.

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CSA

# Arkansas State Parks

Arkansas State Parks enhance quality of life through exceptional outdoor experiences, connections to Arkansas heritage, and sound resource management.

Explore Arkansas as you experience excellent hospitality and form a personal connection to the parks by honoring tradition while seeking innovation, aiming to be treasured and relevant for generations to come.

For more information, visit the <u>Arkansas State Park</u> website or call 888.287.2757.





### Did You Know?

**52** state parks ... **48** counties covering ... **54,643** acres Call your local National/State park or Game and Fish facility to facilitate Girl Scout badge opportunities.

# AR State Parks Explorer Program



The Arkansas State Parks Explorer is a youth conservation program that promotes an intellectual and emotional connection with State Parks, which allows kids with a range of ages and life experiences to participate. Through the program, Arkansas State Parks Explorers will:

- Discover State Parks These activities help children begin to explore and understand the identity, mission, and resources of Arkansas state parks.
- Prepare to be Safe These activities help them understand the importance of being proactive about safety and promote awareness of the quality and quantity of safety training our employees receive.
- Connect to State Parks By attending interpretive programs, kids reflect on how they made connections with their minds and hearts.
- Share your Experience These sections prompt kids to consider helping the resources and other visitors. These activities foster a sense of ownership of the parks, responsibility for actions, and service to others.



# Girl Scout Ranger Patch Program



# Fun Tip!

Stay at Radford House and visit Hot Springs National Park to earn your patch!

The National Park Service and Girl Scouts of the United States of America have partnered to create the Girl Scout Ranger Program. Girl Scouts are invited to participate in a variety of existing, organized educational or service projects at national park sites, or design their own experience or project to align with Journey work, badge activities, or a Take Action or Highest Award project.

Girls can participate in the Girl Scout Ranger Program through a troop, event, travel, or camp experience. Upon completion of the program, Girl Scouts will be awarded a certificate and/or patch

To earn a Girl Scout Ranger patch, Girl Scouts should participate in organized educational activities or volunteer service projects for a minimum of ten hours at one or more national parks.

Visit the National Park Services website or call 719.588.6311

# Arkansas Game and Fish Outdoor Skills Patch Program

Join the Arkansas Game and Fish Commission on a quest to master a variety of outdoor skills and experience a new dimension of the outdoors. The Outdoor Skills Program offers knowledge and hands-on experience to hone your skills in a variety of outdoor pursuits, including: archery, conservation leadership, fishing, game-calling, hunting, marksmanship, paddle sports, trapping and wildlifewatching. Courses are offered year-round at AGFC nature centers.

Earn a patch on your own or with your troop. Reach out to AGFC regional nature center and let the experts help guide you in one of the skills areas – at no cost! Call Eric Maynard at 501.590.0949, email or visit your local AGFC nature center.





Discover your potential, meet new friends and adult mentors, share your experiences, and be a role model for younger girls! These awesome opportunities for older Girl Scouts will help you focus on a successful future.

# A CONTRACTOR OF THE CONTRACTOR

# Older Girl Retreat

*Grades 9-12 December 1-3, 2023* 

SA

Senior and Ambassadors are invited to this special retreat just for them! Girl Scouts will complete their Ready. Resilient. Strong. patch by learning techniques to lift their mood and manage stress and challenges. There will be plenty of crafting, outdoor activities, and time spent bonding with Girl Scouts from across the Diamonds council!

# Council Advisory Team - CAT

The Council Advisory Team (CAT) is a select group of volunteers and girls who will be the voice for their regional areas, sharing/discussing information and issues with the Girl Scouts – Diamonds President/CEO and the 2nd Vice-Chair of the Board of Directors, and will be responsible for taking information back to their respective service units and sharing with the other members.

For more detailed information about the Council Advisory Team selection process, member requirements and duties, or to request a copy of the Council Advisory Team application, please email: <a href="mailto:exeassist@girlscoutsdiamonds.org">exeassist@girlscoutsdiamonds.org</a>

# CIT and Riding Rookies

These programs are available during summer camp at Camp NOARK. Be on the lookout for the Summer Camp Guide this fall to learn more about when and how to sign up!

### CIT I/II

Girl Scouts interested in a future job as a camp counselor or who want to expand their leadership skills may participate in our CIT I (entering grades 9–11) or CIT II (entering grades 10–12, prereq. CIT I or VIT) summer leadership experience.

### **RIDING ROOKIES I/II**

Riders comfortable and competent around horses and the facility, who are interested in being junior barn assistants, come test your strength and knowledge in both equine program and large animal care. When you attend Riding Rookie, you are tandem enrolled in CIT I. Riding Rookie II is tandem enrolled in CIT II.





# Girl Scout Girl Awards

Bronze. Silver. Gold. These represent the highest honors a Girl Scout can earn. All three awards give you the chance to do big things while working on an issue you care about.



# Girl Scout Bronze Award

### **GIRL SCOUT JUNIORS (GRADES 4-5)**

The Bronze Award is a leadership adventure and the highest honor a Girl Scout Junior can achieve. As you and your team plan and complete your project, you'll develop more confidence, meet new people, and have the kind of fun that happens when you work together to make a difference.

- 1. Submit a Bronze Award Project Proposal Form.
- 2. Complete project.
- 3. Submit *Bronze Award Final Report* (one final report should be submitted per award project).



### Girl Scout Silver Award

### **GIRL SCOUT CADETTES (GRADES 6-8)**

Have you ever looked around your neighborhood or school and wondered how you could make a positive change? Earning the Silver Award—the highest honor for Cadettes—gives you the chance to show that you are an organized, determined, and dedicated leader.

- 1. Submit Silver Award Project Proposal Form. (1 per group/troop)
- 2. Complete project.
- 3. Submit Silver Award Final Report. (1 per girl scout)

### Bronze and Silver Award Deadlines

### **SUNDAY, MARCH 31, 2024**

Deadline for girls to complete their project and submit the final report for recognition at the 2024 triennial conference. Girl Scouts who submit the final report after March 31, 2024, will be recognized at a 2025 Girl Awards ceremony.

### **MONDAY, SEPTEMBER 30, 2024**

Deadline for Girl Scouts bridging to the next level to complete their project and submit the final report.





# Girl Scout Gold Award

### GIRL SCOUT SENIORS AND AMBASSADORS (GRADES 9-12)

The Girl Scout Gold Award represents the highest achievement in Girl Scouting. It recognizes girls in grades 9-12 who demonstrate extraordinary leadership through Take Action projects that have sustainable impact in their communities and beyond.

The Gold Award is viewed by admissions counselors with great regard; you will be eligible for additional college scholarships; and every young woman who earns Gold is eligible to move up one military rank.

### SEVEN STEPS ARE REQUIRED TO EARN THE GOLD AWARD:

Highest award training required for gold award

- 1. Choose an issue you care about.
- 2. Investigate your issue.
- 3. Get help and build a team.
- 4. Create a plan.
- 5. Present your plan and get feedback.
- 6. Take action.
- 7. Educate and inspire.

For more information about any of these awards, email info@girlscoutsdiamonds.org.

# Additional Scholarships and Recognition

There are additional scholarship opportunities available for Ambassador Girl Scouts and Gold Award Girl Scouts. Go to <u>GirlScoutsDiamonds.org</u> and search "scholarship" for deadlines, requirements, and application processes.

For more information about any of these awards, email info@girlscoutsdiamonds.org.

# Do You Want to Earn a Girl Award?



Have additional questions about Highest Awards? We're here to help. Email us at:

- bronze@girlscoutsdiamonds.org
- silver@girlscoutsdiamonds.org
- · gold@girlscoutsdiamonds.org

Or you can visit <u>www.GirlScoutsDiamonds.org</u> and search Bronze, Silver or Gold Awards to find guidelines and other forms.

# Highest Award Training

Jump start your Bronze, Silver, or Gold Award by attending a Girl Award workshop! These workshops will help you understand each step of the award process so you can change the world with confidence!

Highest Awards training is designed to support adult volunteers who are advising girls earning the highest awards and Girl Scouts earning their highest awards. This training will help both Girl Scouts and volunteers understand how to keep the project aligned with Girl Scout standards and provide an understanding of the process from project proposal to final report submission.



### September Training

When: September 11, 2023 Register By: September 7

Where: Virtual

See more information on page 29

### **October Training**

When: October 2, 2023

Register By: September 28

Where: Virtual

See more information on page 34

### **November Training**

When: November 8, 2023

Register By: November 2

Where: Virtual

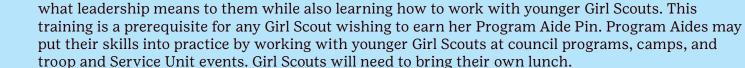
See more information on page 40

### **December Training**

When: December 12, 2023
Register By: December 7

Where: Virtual

See more information on page 43



Program Aide Training

# Volunteer in Training

Volunteer in Training Program is for Senior or Ambassador Girl Scouts who'd like to mentor a Girl Scout Daisy, Brownie, Junior or Cadette group outside of the camp experience. This training is one part of the requirements to earn the VIT pin. Once Girl Scout has completed this training, she should find a volunteer mentor and create and implement a thoughtful Journey or Badge program over four or more meetings/sessions.

Program Aide training gives Cadette Girl Scouts an opportunity to deepen their understanding of





# Service Projects vs. Take Action Projects

Community Service Projects are acts of kindness and important ways to help something or someone right now. They are commonly short-term projects that almost always multiply efforts that are already in place. Examples include collecting food for an existing food pantry, providing clothing or toiletries to people who have suffered during a disaster, cleaning up a rundown playground, or picking up trash at a park, forest, or a beach.

Girl Scout Take Action projects address an issue by tackling the factors that cause or contribute to it. As you may expect, these projects have a far-reaching influence. They're designed to change something for the better—forever. Projects associated with Journeys and the highest awards (the Girl Scout Bronze, Silver, and Gold Award) are Take Action projects.

### When you take action, you work to:

- 1. Identify a problem
- 2. Research the root cause of the problem
- 3. Come up with a sustainable solution
- 4. Develop a plan
- 5. Put the plan into action
- 6. Reflect on what worked, what didn't, and what you've learned

# Here are three ways to create sustainable change:

- 1. Make your solution permanent
- 2. Educate and inspire others to be part of the change
- 3. Change a rule, regulation, or law

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# EVED 15

Have more than one passion?
Want to try something new?
Choose from these amazing activities and have fun while you expand your world!

# Youth Mental Health First Aid Training

V

Volunteer Training August 26, 2023

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.

Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders. Participants can earn their Youth Mental Health First Aid certification through completion of this training and an online assessment.

Time: 10am-2pm Register by: Aug. 8 Where: Virtual Adult Cost: \$30



### Arkansas Naturals Baseball Girl Scout Night

Grades K-12 **DBJCSAVF** September 1, 2023

Cheer on the Northwest Arkansas Naturals with your Girl Scout sisters or family during Girl Scout Night! The evening will include a postgame firework show and optional overnight campout in the outfield. Girl Scouts and their families or troops also have the option to purchase discounted food combos.

Game Time: 7:05pm Register by: Aug. 21

Where: Arvest Ballpark, Springdale Girl Cost: \$10, includes game, firework show, patch, Whataburger coupon, and overnight campout Adult Cost: \$10, includes game, firework show, patch, Whataburger coupon, and overnight campout Tagalong Cost: \$10, includes game, firework show, patch, Whataburger coupon, and overnight campout

### Cybersecurity Basics Workshop

Grades K-5 September 2, 2023

Join us in learning why it's important to protect yourself with strong passwords, secure encryption and caution when clicking on links. Daisies, Brownies and Juniors will all earn the Cybersecurity Basics Badge appropriate for their age level, with each having their own session. This is a drop off event.

### Time:

Daisies | 10–11:30am
Brownies | 12:30–2pm
Juniors | 2:30–4pm
Register by: Aug. 24
Where: STEAM Center at Burnham

Woods, Fort Smith

Girl Cost: \$5, badge not included

### Venture Out II

Volunteer Training September 2, 2023

Following this one-day, in-person training, volunteers will have training in outdoor skills and troop camping progression that will enable them to take their troop on overnight camping trips.

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**Pre-Requisite:** Completed Venture Out I, taken the online portion of Venture Out II

Time: 9am-1pm Register by: Aug. 24

Where: Burnham Woods, Fort

Smith

**DBJ** 

Adult Cost: \$20, includes lunch

### Older Girl Event

### **Highest Awards Training**

**CSAVF** 

Grades 6-12 September 11, 2023

Highest Awards training is designed to support adult volunteers who are advising girls earning the highest awards and Girl Scouts earning their highest awards. This training will help both Girl Scouts and volunteers understand how to keep the project aligned with Girl Scout standards and provide an understanding of the process from project proposal

to final report submission.
Training is split into two
sections to allow for more in
depth discussion and questions.
The first half will cover Silver,
with Gold following. This
training is required for any Girl
Scout wanting to start the Gold

Award process.

Time: 6-7pm Register by: Sept. 7 Where: Virtual Girl Cost: None Adult Cost: None

# Signature Event

Girl Scouts Love State Parks

*Grades K-12,* **DBJCSAVF** *September 9-10, 2023* 

Troops, families and individual Girl Scouts are all invited to visit a State Park during Girl Scouts Love State Parks weekend!

This weekend is celebrated by Girl Scouts across the United States by getting outdoors and enjoying one of our most amazing resources, state parks! Arkansas has 52 state parks to choose from, located in 48 counties. Events are planned in parks throughout the state, or you can plan your own visit to include hiking, paddling, fishing, picnicking, etc. at your favorite state park. Patches can be purchased by emailing retail@girlscoutsdiamonds.org or visiting GirlScoutShop.com. Be on the lookout for the full list of programs available.

Register by: Varies by park
Where: State Parks throughout
Arkansas
Girl Cost: No cost

Girl Cost: No cost Adult Cost: No cost Tagalong Cost: No cost

### S'mores and Songs

Grades K-12 September 9-10, 2023 DBJCSAV

After participating in Girl Scouts Love State Parks, join us at the Camp NOARK amphitheater for s'mores and traditional camp songs. Book activities by emailing <a href="mailto:camp@girlscoutsdiamonds.org">camp@girlscoutsdiamonds.org</a> for a discounted rate for Sept. 9-10.

Time: 7-9pm Register by: Aug. 31

Where: Camp NOARK, Huntsville

Girl Cost: \$5 Adult Cost: \$5

# Arkansas Dark Sky Festival and Campout

Grades K-12 **DBJCSAVF** September 14-16, 2023

Overnight camping, astronomy patch program, and event patch program are only a few of the things available to do at this 3-night, 2-day festival! Dr. Katherine Auld, chair of the Northwest Arkansas Community College deptartment of physical science will hold a workshop at the Tyler Bend campground pavilion on the Buffalo National River starting at 10am, September 16. The observing activities badges will occur at the Dark Sky Festival, being held two miles south of Tyler Bend on the grounds of Bear Creek Cabins, the evenings of the 15th and 16th, weather permitting.

Register by: Aug. 31 Where: St. Joe

Girl Cost: Cost of camping, festival

is no cost

Adult Cost: Cost of camping,

festival is no cost

Tagalong Cost: Cost of camping,

festival is no cost

### Brownies and Juniors Try Archery

Grades 2-5 September 15, 2023

Discover archery with certified instructors in a safe and curiosity-driven atmosphere. Girls will have fun while learning the basics of how to shoot a bow and finish the activity with a challenge game! Caregiver must stay to supervise.

Time: 5:30–6:30pm Register by: Sept. 7

Where: Quiver Archery Range,

Bentonville

Girl Cost: \$30, does not include

patch or badge

### S'mores and the Outdoors

*Grades K-12 September 15-16, 2023* 

DBJCSAV

Grades K-12 **DBJCSAVF** September 16, 2023

**NOARK Sampler Day** 

Girl Scouts of all levels will learn about nature, animals, and art while having outdoor fun with the Girl Scouts – Diamonds STEAM team and Arkansas Game and Fish during this outdoor event and encampment. Camp out with us from Friday night to Saturday or attend the event on Saturday only. Saturday overnight camping also available, but no programming or meals are provided. Weekend option includes supplies, activities, meals (Friday dinner, Saturday breakfast and lunch), and fun patch.

Time: Friday, 6pm–Saturday, 4pm Register by: Sept. 7 Where: Rick Evans Grandview Prairie Nature Center, Columbus Girl Cost: \$35 (weekend); \$25

(Saturday only)

Adult Cost: \$25 (weekend); \$15

(Saturday only)

### Gardening Badges Workshop

Grades 2-5 September 16, 2023

 $\mathbf{BJ}$ 

Brownies and Juniors are invited to this unique opportunity to learn about gardening and work on gardening badges with master gardeners. Brownies will complete steps 4 and 5 of Math in Nature: Numbers in Nature, and Juniors will complete their Gardener badge. There are limited spots, so sign up fast for this great badge earning opportunity!

Time: 10am-3pm Register by: Sept. 7

Where: Arkansas Cooperative Extension Service, Craighead County Office, Jonesboro

Girl Cost: No cost Adult Cost: No cost

Visit Girl Scouts - Diamonds beautiful Camp NOARK nestled in the Ozark Mountains and see everything our camp property has to offer. This day will give you the opportunity to sample some of the activities that are available to reserve year-round and experience at summer camp! Choose from some of our favorite activities: horse programming, BB guns, archery, hatchet throwing and the challenge course. Yard games and crafts available for free. Bring your own lunch; \$5 sack lunches will be available for purchase on site. Sign up to explore camp offerings with your troop or caregiver! (Not a drop off event.)

Time: 12–5pm Register by: Sept. 7

Where: Camp NOARK, Huntsville Girl Cost: \$5 per activity ticket. \$8 per activity ticket if purchased day of event. Card only, cash is not accepted on site.

Adult Cost:: \$5 per activity ticket. \$8 per activity ticket if purchased day of event. Card only, cash is not accepted on site.

### **Venture Out II**

Volunteer Training September 16, 2023

Following this one-day, in-person training, volunteers will have training in outdoor skills and troop camping progression that will enable them to take their troop on overnight camping trips.

**Pre-Requisite:** Completed Venture Out I, taken the online portion of Venture Out II

Time: 8am-12pm Register by: Sept. 7

Where: Camp NOARK, Huntsville Adult Cost: \$20, includes lunch

### **CPR/FIRST AID/AED Training**

**CSAV** 

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Grades 6-12 September 16, 2023

Adults and girls (age 11 or older) who are Cadettes, Seniors and Ambassadors can attend this training and receive their Adult and Pediatric First Aid/CPR/AED certification. This is a hybrid training with online coursework and an in-person skills test. This training meets First-Aider criteria for adult members and leaders needing certification for troop travel.

Time: 10am-12pm Register by: Sept. 5

Where: Little Rock Girl Scout office

Girl Cost: \$60 Adult Cost: \$60

### Older Girl Event

# Women's Health Badge with ARcare

Grades 9-12 September 16, 2023

Earn the Senior Women's Health badge by finding out how to make the health decisions that are right for you and what kinds of support exist to guide you. Girl Scouts will also learn about the tests that help women stay healthy, how fads and beauty practices impact health, and techniques to help you stay emotionally healthy. They will also take a closer look at a women's health issue and get the word out on a women's health topic.

Time: 2–3pm Register by: Sept. 7 Where: ARcare, Little Rock Girl Cost: None

### Southwest Training Day

Grades 6-12 September 23, 2023

Multiple training opportunities are available for volunteers and older girls this weekend!

**CSAV** 

# **CPR/FIRST AID/AED Training**

Adults and girls (age 11 or older) who are Cadettes, Seniors and Ambassadors can attend this training and receive their Adult and Pediatric First Aid/CPR/AED certification. This is a hybrid training with online coursework and an in-person skills test. This training meets First-Aider criteria for adult members and leaders needing certification for troop travel.

Time: 3–5pm Register by: Sept. 12 Where: TBD, Texarkana Girl Cost: \$60 Adult Cost: \$60

### **Venture Out II**

Following this one day, inperson training, volunteers will have training in outdoor skills and troop camping progression that will enable them to take their troop on overnight camping trips.

**Pre-Requisite:** Completed Venture Out I, taken the online portion of Venture Out II

Time: 9am-1pm
Register by: Sept. 14
Where: TBD, Texarkana
Adult Cost: \$20, includes lunch

### Venture Out III – Outdoor Cooking

Volunteers and older girls are welcome to this fun outdoor cooking training. Following this one day, in-person training, participants will have knowledge to complete many different types of outdoor cooking, including campfire, charcoal, and propane stove.

**Pre-Requisite:** Completed Venture Out II

Time: 1–6pm Register by: Sept. 14 Where: TBD, Texarkana Girl Cost: \$25, includes dinner Adult Cost: \$25, includes dinner

### Program Aide Training\*

Program Aide training gives Cadette Girl Scouts an opportunity to deepen their understanding of what leadership means to them while also learning how to work with younger Girl Scouts. This training is a prerequisite for any Girl Scout wishing to earn her Program Aide Pin. Program Aides may put their skills into practice by working with younger Girl Scouts at council programs, camps, and troop and Service Unit events. Girl Scouts will need to bring their own lunch.

Time: 10am-3pm Register by: Sept. 14

Where: Southwest Community

Center, Texarkana

**Girl Cost:** \$25, includes snacks, materials, and t shirt

\*We are looking to train an adult volunteer in this region to be the regional PA trainer! If interested, email <a href="mailto:bdugger@girlscoutsdiamonds.org">bdugger@girlscoutsdiamonds.org</a> and plan to attend this training.

### **Gardening Badges with Master** Gardeners

*Grades 2-5* September 23, 2023 **BJV** 

Brownie and Junior Girl Scouts are invited to this unique opportunity to learn about gardening and work on gardening badges with master gardeners. Brownies will complete steps 4 and 5 of Math in Nature: Numbers in Nature, and Juniors will complete their Gardener badge. There are limited spots, so sign up fast for this great badge earning opportunity!

Time: 10am-12pm Register by: Sept. 14

Where: Arkansas Cooperative Extension Service, Jefferson County Office, Pine Bluff

Girl Cost: No cost Adult Cost: No cost

### Older Girl Event

### **Program Aide Training**

Grades 6-8 September 23, 2023

Program Aide training gives Cadette Girl Scouts an opportunity to deepen their understanding of what leadership means to them while also learning how to work with younger Girl Scouts. This training is a prerequisite for any Girl Scout wishing to earn her Program Aide Pin. Program Aides may put their skills into practice by working with younger Girl Scouts at council programs, camps, and troop and Service Unit events. Girl Scouts will need to bring their own lunch.

Time: 10am-3pm Register by: Sept. 14 Where: STEAM Center at Burnham Woods, Fort Smith Girl Cost: \$25, include snacks. materials, and t-shirt



### Older Girl Event

### **Eating for You Badge**

Grades 6-8 *September 23, 2023* 

Cadettes are invited to learn from Natural Grocers nutritionist about eating healthy. At this workshop, Girl Scouts will earn the Cadette Eating for You badge. They will learn how good nutrition helps your body stay healthy, find out how what you eat affects your skin, explore how your diet affects your stress level, investigate how the food you eat affects your sleep, and look at how your diet affects your energy. After this workshop, you'll know how to eat your way to a healthy mood, mind, and body.

**Time:** 2–3:30pm

Rock

Register by: Sept. 14 Where: Natural Grocers, Little

Girl Cost: None Adult Cost: None

### Older Girl Event

C

**DBJV** 

### **Eating for You Badge**

Grades 6-8 September 23, 2023

Cadettes are invited to learn from Natural Grocers nutritionist about eating healthy. At this workshop, Girl Scouts will earn the Cadette Eating for You badge. They will learn how good nutrition helps your body stay healthy, find out how what you eat affects your skin, explore how your diet affects your stress level, investigate how the food you eat affects your sleep, and look at how your diet affects your energy. After this workshop, you'll know how to eat your way to a healthy mood, mind, and

body. **Time:** 2-3:30pm Register by: Sept. 14 Where: Natural Grocers, Favetteville

Girl Cost: None Adult Cost: None

### Water Safety with Goldfish Swim School

Grades K-5 September 23, 2023

Rogers

Girl Scouts attending will complete the W.A.T.E.R. Safety programming with an opportunity to swim in a 90-degree tropical indoor pool, followed by a craft project.

**Time:** 1–3:30pm Register by: Sept. 14 Where: Goldfish Swim School,

Girl Cost: \$10, includes patch, free swim, materials for craft and lifeguard supervision

### Older Girl Event

**CSAVF** 

### **Destinations Webinar**

Grades 6-12 September 26, 2023

Girl Scout Destinations are the ultimate adventure for individual Cadette, Senior, and Ambassador Girl Scouts. Push past your comfort zone by applying for a trip on your own, and make friends from all over the country as you travel with new Girl Scout friends. There's a unique, life-changing experience for everyone. Join the program team for a webinar to learn about the upcoming Summer 2024 Destinations and how to apply for scholarship assistance!

**Time:** 6–6:45pm Register by: Sept. 21 Where: Virtual Girl Cost: None Adult Cost: None



### **CPR/First Aid/AED Training**

Grades 6-12 September 30, 2023

Adults and girls (age 11 or older) who are Cadettes. Seniors and Ambassadors can attend this training and receive their Adult and Pediatric First Aid/CPR/ AED certification. This is a hybrid training with online coursework and an in-person skills test. This training meets First-Aider criteria for adult members and leaders needing certification for troop travel.

Time: 10am-12pm Register by: Sept. 19

Where: Rogers Girl Scout office

Girl Cost: \$60 Adult Cost: \$60

### Youth Mental Health First Aid Training

Volunteer Training September 30, 2023

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders. Participants can earn their Youth Mental Health First Aid certification through completion of this training and an online assessment.

Time: 10am-2pm Register by: Sept. 12 Where: Virtual Adult Cost: \$30

### Venture Out II

Volunteer Training September 30, 2023

**CSAV** 

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Following this one-day, in-person training, volunteers will have training in outdoor skills and troop camping progression that will enable them to take their troop on overnight camping trips.

**Pre-Requisite:** Completed Venture Out I, taken the online portion of Venture Out II

Time: 9am-1pm Register by: Sept. 21

Where: Crowley's Ridge State Park |

Paragould

Adult Cost: \$20, includes lunch

### Older Girl Event

### Volunteer in Training (VIT) **Program**

Grades 9-12 October 1-30, 2023

Volunteer in Training program is for Senior or Ambassador Girl Scouts who'd like to mentor a Girl Scout Daisy, Brownie, Junior or Cadette group outside of the camp experience. Register to receive your online gsLearn training course. This training is one part of the requirements to earn the VIT pin. Once a Girl Scout has completed this training, she should find a volunteer mentor and create and implement a thoughtful Journey or badge program over four or more meetings/sessions.

Time: 9am-4pm Register by: Sept. 21 Where: Virtual Girl Cost: \$0

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### Older Girl Event

### **Highest Awards Training**

Grades 6-12 October 2, 2023 **CSAVF** 

Highest Awards training is designed to support adult volunteers who are advising girls earning the highest awards and Girl Scouts earning their highest awards. This training will help both Girl Scouts and volunteers understand how to keep the project aligned with Girl Scout standards and provide an understanding of the process from project proposal to final report submission. Training is split into two sections to allow for more in depth discussion and questions. The first half will cover Silver, with Gold following. This training is required for any Girl Scout wanting to start the Gold Award process.

**Time:** 6–7pm Register by: Sept. 28 Where: Virtual Girl Cost: None Adult Cost: None



# Signature Event

Cardboard Boat Regatta

Grades K-12 **DBJCSAVF** October 6-8, 2023

Cardboard Boat Regatta is on the horizon! Girl Scouts will work to design and construct boats using only duct tape and cardboard. Then race to the soggy finish on Lake Dardanelle. Participants are allowed to bring their own extra stock of cardboard and duct tape. Other activity offerings will include state park programming, a community service project and more! Camp out with us Saturday-Sunday or sign up for the Saturday only event. Camping will take place in group camp site (bring your tent). This is not a drop-off event. Participate as a troop, individual Girl Scout, or family! Families are welcome to register and join us for the camp out or Saturday only. Girl Scouts must be renewed for the 2024 membership year by Sept. 30 to attend. All individuals must be registered to attend, including chaperones, volunteers, caregivers, etc.

Time: (Weekend) Saturday, 8am-Sunday, 10am (Saturday only) 9am-5pm Register by: Sept. 29 Where: Lake Dardanelle Girl Cost: \$40 (weekend); \$25 (Saturday only)

Adult Cost: \$25 (weekend): \$20 (Saturday only)

Tagalong Cost: \$20 (Saturday only)

Includes activities, meals (weekend: Saturday breakfast, snack, lunch and dinner and Sunday breakfast) (Saturday only: snack and lunch) and a fun patch.

Friday overnight camping available with no programming or meals.

### **CPR/First Aid/AED Training**

Grades 6-12 October 14, 2023 **CSAV** 

Adults and girls (age 11 or older) who are Cadettes, Seniors and Ambassadors can attend this training and receive their Adult and Pediatric First Aid/CPR/ AED certification. This is a hybrid training with online coursework and an in-person skills test. This training meets First Aider criteria for adult members and leaders needing certification for troop travel.

Time: 10am-12pm Register by: Oct. 3

Where: Fort Smith Girl Scout office

Girl Cost: \$60 Adult Cost: \$60

### Art Day at Bradbury Art Museum

Grades K-12 October 14, 2023

**DBJCSAVF** 

Girls will be led on a museum tour followed by a fun art activity to work toward art badges!

Session 1: Daisies, Brownies and Juniors will work on their Art and Design badges

Session 2: Cadettes, Seniors and Ambassadors will work on their Collage Artist badge.

Spots are limited. Adults must register for this event. Due to space restraints, only one adult per girl.

Time: DBJ: 12-2pm CSA 3-5pm Register by: Oct. 5

Where: Bradbury Art Museum, Jonesboro

Girl Cost: \$10, includes art activity and tour

Adult Cost: None



### **Venture Out II**

Volunteer Training October 14, 2023

Following this one-day, in-person training, volunteers will have training in outdoor skills and troop camping progression that will enable them to take their troop on overnight camping trips.

**Pre-Requisite:** Completed Venture Out I, taken the online portion of Venture Out II

Time: 9am-1pm Register by: Oct. 5

Where: Radford House, Hot Springs Adult Cost: \$20, includes lunch

### Save the Songbirds with Wild Bird Unlimited

Grades 4-8 October 14, 2023

Discover Osage Park and complete the requirements to earn the Animal Habitat and Trees badge. Find out more about where animals live, how they play, and how humans can help them. Girl Scouts will meet at the pickleball court.

**Time:** 9-11am Register by: Oct. 5

Where: Osage Park, Bentonville Girl Cost: \$10, includes activities,

snack and badge

Adult Cost: \$5, includes activities

and snack

### Older Girl Event

### Women's Health Badge with ARcare

Grades 9-12 October 14, 2023

SA

Earn the Senior Women's Health badge by finding out how to make the health decisions that are right for you and what kinds of support exist to guide you. Girl Scouts will also learn about the tests that help women stay healthy, how fads and beauty practices impact health, and techniques to help you stay emotionally healthy. They will also take a closer look at a women's health issue and get the word out on a women's health topic.

**Time:** 2–3:30pm Register by: Oct. 5 Where: ARcare Positive Connections, Jonesboro Girl Cost: None

### **Brownies Up Try Archery**

Grades 2-6 October 20, 2023

**JCVF** 

Discover archery with certified instructors in a safe and curiositydriven atmosphere. Girls will have fun while learning the basics of how to shoot a bow and finish the activity with a challenge game! This event is for girls 8-12 years old.

**BJC** 

**Time:** 5:30-6:30pm Register by: Oct. 12

Where: The Quiver Archery Range, Bentonville

Girl Cost: \$30 Adult Cost: None

### **Intro to Climbing**

Grades K-1 October 21, 2023

Daisies are invited to build their courage, confidence and character while discovering rock climbing.

**Time:** 5:30-6:30pm Register by: Oct. 12 Where: Boulders and Brews,

Favetteville

Girl Cost: \$12, includes rock climbing pass and shoe rentals

### Older Girl **Event**

### **Program Aide Training**

*Grades 6-8* October 21, 2023

Program Aide training gives Cadette Girl Scouts an opportunity to deepen their understanding of what leadership means to them while also learning how to work with younger Girl Scouts. This training is a prerequisite for any Girl Scout wishing to earn her Program Aide Pin. Program Aides may put their skills into practice by working with younger Girl Scouts at council programs, camps, and troop and Service Unit events. Girl Scouts will need to bring their own lunch.

Time: 10am-3pm Register by: Oct. 12 Where: Rogers Girl Scout office Girl Cost: \$25, include snacks, materials, and t-shirt

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### Fall Encampment at Camp NOARK

*Grades K-12 October 21-22, 2023* 

**DBJCSAVF** 

Get outside with your troop or family and enjoy the beauty of Camp NOARK in the fall and all its fun activities. Encampments give you the opportunity to go camping and not worry about planning what activities to do when you get there! Activity options include, BB guns, archery, hatchets, sling shots, challenge course, crafts, and equine (extra cost for equine programming). Both families and troops are welcome to join us for this fun encampment at Camp NOARK! Camp out with us Saturday-Sunday or sign up for the Saturday only event.

Accommodations: Troops will be contacted in order of sign up to determine camping location. Rental prices are associated with staying in Friendship Lodge, Troop House, Chalet or Enchanted Hollow. There is no additional cost to staying in Daisy Patch or Pooh Corner. Families (including tagalongs) and adult males will camp in the meadow in front of the dining hall with access to comfort station bathroom at no additional cost. Anyone camping in a unit must be a registered, background-checked adult Girl Scout, and all troops must meet camping ratios. Friday night camping option available.

Activities: We cannot guarantee everyone will get all their activity requests, but we will do our best to accommodate requests and make you a fabulously fun schedule! Activities will be filled in order of sign up. Troops and families will be given an activity schedule during check in, and participants scheduled for activities will be the only ones allowed in activity area during their scheduled time. Equine programming will not be available for tagalongs due to the limited number of spots.

This is NOT a drop off event. All individuals must be registered to attend, including chaperones, volunteers, caregivers, etc.

Time: Saturday, 9am-Sunday, 1pm

Register by: Oct. 13

Where: Camp NOARK, Huntsville

**Girl Cost:** \$40, includes fun patch, supplies and activities (equine additional cost), Saturday snack, lunch and dinner, and Sunday breakfast; \$25

(Saturday only) includes lunch and snack

Adult Cost: \$25, includes Saturday snack, lunch and dinner, Sunday

breakfast: \$20 (Saturday only) includes lunch and snack

**Tagalong Cost:** \$25, includes Saturday snack, lunch and dinner, Sunday

breakfast: \$20 (Saturday only) includes lunch and snack



### Older Girl Event

### **Textile Artist Badge**

*Grades 6-12 October 23, 2023* 

CSA

Come explore the unique process of needle felting. Learn how to use special felting needles to condense wool into 3D shapes and create your own one-of-a-kind artwork. You'll start with an idea, create a concept sketch, and then use a variety of colored wool to bring your idea to life.

Time: 6-8pm Register by: Oct. 19

Where: Amazeum, Bentonville

Girl Cost: \$20

### Older Girl Event

### **Destinations Webinar**

*Grades 6-12 October 25, 2023* 

**CSAVF** 

Girl Scout Destinations are the ultimate adventure for individual Cadette, Senior, and Ambassador Girl Scouts. Push past your comfort zone by applying for a trip on your own, and make friends from all over the country as you travel with new Girl Scout friends. There's a unique, life-changing experience for everyone. Join the program team for a webinar to learn about the upcoming Summer 2024 Destinations and how to apply for scholarship assistance!

Time: 6-6:45pm Register by: Oct. 19 Where: Virtual Girl Cost: None Adult Cost: None

### **Venture Out II**

Volunteer Training October 28, 2023

Following this one-day, in-person training, volunteers will have training in outdoor skills and troop camping progression that will enable them to take their troop on overnight camping trips.

**Pre-Requisite:** Completed Venture Out I, taken the online portion of Venture Out II

Time: 9am-1pm Register by: Oct. 19

Where: Camp NOARK, Huntsville Adult Cost: \$20, includes lunch

### **CPR/First Aid/AED Training**

**CSAV** 

*Grades 6-12 October 28, 2023* 

Adults and girls (age 11 or older) who are Cadettes, Seniors and Ambassadors can attend this training and receive their Adult and Pediatric First Aid/CPR/AED certification. This is a hybrid training with online coursework and an in-person skills test. This training meets First Aider criteria for adult members and leaders needing certification for troop travel.

Time: 10am-12pm Register by: Oct. 17

Where: Jonesboro Girl Scout office

Girl Cost: \$60 Adult Cost: \$60

### **Snacks Badge**

*Grades 2-3 October 28, 2023* 

Learn how to make great snacks for you and your friends and family! When you eat them, they'll give you energy to think, hike, run around, dress up—and do all the other activities you love to do! Brownies will complete the requirements for the Snacks Badge.

Time: 2-3:30pm Register by: Oct. 19

Where: Natural Grocers, Fayetteville

Girl Cost: None Adult Cost: None Tagalong Cost: None

### Snacks Badge

Grades 2-3 October 28, 2023

Learn how to make great snacks for you and your friends and family! When you eat them, they'll give you energy to think, hike, run around, dress up—and do all the other activities you love to do! Brownies will complete the requirements for the Snacks Badge.

Time: 2-3:30pm Register by: Oct. 19

Where: Natural Grocers, Little Rock

Girl Cost: None Adult Cost: None Tagalong Cost: None



### Older Girl Event

Venture Out III - Outdoor Cooking

SAV

*Grades 9-12 October 28, 2023* 

Volunteers and older girls are welcome to this fun outdoor cooking training. Following this one-day, in-person training, participants will have knowledge to complete many different types of outdoor cooking, including campfire, charcoal, and propane stove.

**Pre-Requisite:** Completed Venture Out II

Time: 9am-4pm Register by: Oct. 19 Where: Crowley's Ridge State Park, Paragould

**Girl Cost:** \$25, includes lunch **Adult Cost:** \$25, includes lunch

### Older Girl Event

Venture Out III – Outdoor Cooking

Grades 9-12 October 28, 2023 SAV

Volunteers and older girls are welcome to this fun outdoor cooking training. Following this one-day, in-person training, participants will have knowledge to complete many different types of outdoor cooking, including campfire, charcoal, and propane stove.

**Pre-Requisite:** Completed Venture Out II

Time: 9am-4pm Register by: Oct. 19 Where: Radford House, Hot Springs

**Girl Cost:** \$25, includes lunch **Adult Cost:** \$25, includes lunch

### Girl Scouts on Target with Arkansas Game and Fish

Grades 2-12 October 28, 2023 **BJCSAV** 

Girl Scouts are invited to the beautiful Arkansas Game and Fish Nature Center in Springdale for indepth workshops around archery and BB guns. Choose from either the archery morning session or BB gun session in the afternoon. During each session, Girl Scouts will rotate between three activity areas. They will get range time on the indoor range, learn about conservation, and gain a better understanding of equipment and technique. Lunch will be provided between morning and afternoon sessions. While you are at the nature center, save time either before or after your session to explore the exhibits, take a walk on the trails or enjoy the center's unique playground made from locally sourced natural materials. Spots are limited for this special event! This is NOT a drop off event.

Time: 9am-4pm Register by: Oct. 19

Where: Ozark Highlands Nature

Center, Springdale

**Girl Cost:** \$3, covers the cost of lunch; patch and activities at no

Adult Cost: \$3, covers the cost of

lunch

### Wild Bird Habitat Trek

Grades 4-8 *November 4, 2023* 

Juniors and Cadettes, discover Lake Atlanta and complete the requirements to earn the Eco Tracker and Animal Habitats badge.

**Time:** 9–11am Register by: Oct. 26 Where: Rogers

Girl Cost: \$5, includes materials and

activity

Adult Cost: None

### Older Girl Event

### **Program Aide Training**

Grades 6-8 *November 4, 2023* 

Program Aide training gives Cadette Girl Scouts an opportunity to deepen their understanding of what leadership means to them while also learning how to work with younger Girl Scouts. This training is a prerequisite for any Girl Scout wishing to earn her Program Aide Pin. Program Aides may put their skills into practice by working with younger Girl Scouts at council programs, camps, and troop and Service Unit events. Girl Scouts will need to bring their own lunch.

Time: 10am-3pm Register by: Oct. 26

Where: Little Rock Girl Scout

office

Girl Cost: \$25, include snacks, materials, and t-shirt

### **Troop Leader 101**

**Volunteers** *November 4, 2023* 

JC

Are you a newer Girl Scout leader looking to learn more about Girl Scout programming, traditions and working with your troop? Join us for a fun and informative day at one of multiple location offerings. We will touch on meeting basics, traditions and ceremonies, team building, and engagement with the great outdoors. Bring a sack lunch and we will provide snacks and drinks.

Time: 10am-2pm Register by: Oct. 26

Where: Local Arkansas Game and

Fish

Adult Cost: TBD



### Older Girl **Event**

### Venture Out III - Outdoor Cooking

Grades 9-12 *November 4, 2023* 

Volunteers and older girls are welcome to this fun outdoor cooking training. Following this one day, in-person training, participants will have knowledge to complete multiple types of outdoor cooking, including campfire, charcoal, and propane stove.

Pre-Requisite: Completed Venture Out II

Time: 9am-4pm Register by: Oct. 26

**Girl Cost:** \$25, includes lunch Adult Cost: \$25, includes lunch

SAV

Where: Burnham Woods, Fort Smith

### Older Girl Event

### Cadette Archery Badge Workshop

Grades 6-8 *November 4, 2023* 

From beginner to experienced, come get an overview of archery range etiquette. We'll have some fun shooting for score and then play some archery games. You'll also get to take your pick from a recurve bow, a compound, or both!

**Time:** 5–7pm Register by: Oct. 26 Where: Bentonville

Girl Cost: \$75 (does not include

cost of badge) Adult Cost: None

### **Ecology Program at Hot Springs National Park**

Grades 4-8 November 4, 2023

"Finding Hot Springs' Habitats" is an environmental science program training students to "read" the many habitats of Hot Springs National Park. The program first visits several open-air springs, where students will conduct water testing experiments to understand the thermal water environment and organisms able to survive in the hot springs. The students then follow a 0.5-mile naturalist hike to discover signs of habitats that are clues to the health of the ecosystem that protects the water cycle.

**Time:** 1–3pm Register by: Oct. 26

Where: Fordyce Bathhouse, Hot

Springs Girl Cost: None Adult Cost: None

### Older Girl Event

### Women's Health Badge with ARcare

Grades 9-12 *November 4, 2023* 

C

JC

Earn the Senior Women's Health badge by finding out how to make the health decisions that are right for you and what kinds of support exist to guide you. Girl Scouts will also learn about the tests that help women stay healthy, how fads and beauty practices impact health, and techniques to help you stay emotionally healthy. They will also take a closer look at a women's health issue and get the word out on a women's health topic.

**Time:** 2–3:30pm Register by: Oct. 26 Where: ARcare, Hot Springs

Girl Cost: None



SA

Spend a weekend learning the skills vou need to take vour Girl Scouts on overnight backpacking trips. Previous backpacking experience is not required, but hiking experience is encouraged. Must be able to walk 8 miles over varied terrain and carry ~30lbs. You will be required to carry your own tent, personal gear, food, and water. A pre-trip meeting is required and will cover questions about gear and safety. Dinner is provided, but lunch, snacks, and breakfast must be brought with you.

Venture Out IV - Backpacking

**Volunteers** 

November 4-5, 2023

Time: Saturday, 8am-Sunday, 5pm

Limited gear available to borrow.

Register by: Oct. 26

Where: Hobbs State Park, Rogers Adult Cost: \$40, includes cost of food, equipment and activity costs

### Older Girl **Event**

### **Art Journaling**

Grades 6-12 November 5, 2023 **CSA** 

During this event, girls will be walked through the steps of how to journal using multiple different forms such as drawing, painting, and collaging. This will be an older girl event only: Cadettes, Seniors, and Ambassadors. Spots are limited!

Time: 2-4pm Register by: Oct. 26 Where: Regional Art Museum, Fort Smith Girl Cost: \$10, includes cost of

supplies Adult Cost: None

### Older Girl Event

### **Highest Awards Training**

Grades 6-12 November 8, 2023 **CSAVF** 

Highest Awards training is designed to support adult volunteers who are advising girls earning the highest awards and Girl Scouts earning their highest awards. This training will help both Girl Scouts and volunteers understand how to keep the project aligned with Girl Scout standards and provide an understanding of the process from project proposal to final report submission. Training is split into two sections to allow for more in depth discussion and questions. The first half will cover Silver, with Gold following. This training is required for any Girl Scout wanting to start the Gold Award process.

**Time:** 6–7pm Register by: Nov. 2 Where: Virtual Girl Cost: None Adult Cost: None

### SoWaCo SU Flag Retirement Ceremony and Card Making

Grades K-12 November 11, 2023

Registration will be a Google form, payment by check or cash to SoWaCo SU. Not a drop off event. Girls must be supervised by troop leaders or care givers.

**DBJCSAV** 

**Time:** 12–2pm Register by: Oct. 5

Where: Elks Lodge, Fayetteville Girl Cost: \$5, lunch provided Adult Cost: None, lunch provided (must register for insurance purposes and head count for

food.)



**JCSA** 

### Early Arkansas Ingenuity, Skills, Hard Work

Grades 4-12 *November 11, 2023* 

Girl Scouts and their troops are invited to come by and complete the self-guided tour: Early Arkansas: Ingenuity, Skills, Hard Work, and earn the museum's activity badge available for purchase at the gift shop. Pick up your worksheet upon arrival and return it to the gift shop counter once complete.

Time: 11am-1pm Register by: Nov. 2

Where: ASU Museum, Jonesboro

Girl Cost: None Adult Cost: None

### **Coding for Good: Coding Basics Badge**

Grades K-3 *November 11, 2023* 

Earn your Coding Basics badge at our bots expo! You'll experiment with our best bots to discover what they can do and how you can make them follow your instructions!

**Time:** 9:30–11:30am Register by: Nov. 2

Where: Amazeum, Bentonville

Girl Cost: \$20 Adult Cost: None

### Youth Mental Health First Aid Training

Volunteers November 11, 2023

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders. Participants can earn their Youth Mental Health First Aid certification through completion of this training and an online

Time: 10am-2pm Register by: Oct. 24 Where: Virtual Adult Cost: \$30

assessment.

### Older Girl Event

**CSAVF** 

### **Destinations Webinar**

Grades 6-12 November 16, 2023

Girl Scout Destinations are the ultimate adventure for individual Cadette, Senior, and Ambassador Girl Scouts. Push past your comfort zone by applying for a trip on your own, and make friends from all over the country as you travel with new Girl Scout friends. There's a unique, life-changing experience for everyone. Join the program team for a webinar to learn about the upcoming Summer 2024 Destinations and how to apply for scholarship

**Time:** 6–6:45pm Register by: Nov. 9 Where: Virtual Girl Cost: None Adult Cost: None

assistance!

### Simple Meals Badge

*Grades 4-5* November 18, 2023

Juniors will complete the requirements for the Simple Meals badge and learn how to serve up a whole meal!

**Time:** 2–3:30pm Register by: Nov. 9

Where: Natural Grocers, Little Rock

Girl Cost: None Adult Cost: None

### Older Girl Event

### Venture Out III - Outdoor Cooking

SAV

**DBJCSA** 

Grades 9-12 November 18, 2023

Volunteers and older girls are welcome to this fun outdoor cooking training. Following this one day, in-person training, participants will have knowledge to complete multiple types of outdoor cooking, including campfire, charcoal, and propane stove.

Pre-Requisite: Completed Venture Out II

Time: 9am-4pm Register by: Nov. 9 Where: Camp NOARK. Huntsville

**Girl Cost:** \$25, includes lunch Adult Cost: \$25, includes lunch

### GirlBots

Grades K-12 November 18, 2023

The factory needs a new robot! Girls, you will be designing a robot that can lift or push to help! You will learn a skill, design a solution, and build a prototype.

Session 1: Daisies and Brownies will earn their Design a Robot badges

Session 2: Juniors, Cadettes, Seniors, and Ambassadors will begin their Robot badges to complete later with their troops

All levels will also receive ABB Stem Kits and badges to complete with their troops. Each girl and adult MUST register to attend the event.

Time:

DB: 10:30am-12pm JCSA: 1:30-3pm Register by: Nov. 9

Where: Radford House, Hot Springs

Girl Cost: None **Adult Cost:** None

### Older Girl **Event**

SA

### Older Girl Retreat

Grades 9-12 December 1-3, 2023

Senior and Ambassadors are invited to this special retreat just for them! Girl Scouts will complete their Ready. Resilient. Strong, patch by learning techniques to lift their mood and manage stress and challenges. There will be plenty of crafting, outdoor activities, and time spent bonding with Girl Scouts from across the Diamonds council!

Time: TBD Register by: Nov. 30 Where: Central Arkansas **Girl Cost:** \$50, includes meals for the weekend (Friday dinner through Sunday lunch), activities including low ropes course, lodging, and earned patch

### Simple Meals Badge

*Grades 4-5* November 18, 2023

Juniors will complete the requirements for the Simple Meals badge and learn how to serve up a whole meal!

**Time:** 2–3:30pm Register by: Nov. 9

Where: Natural Grocers, Fayetteville

Girl Cost: None Adult Cost: None

# Signature Event

Girlfest at Museum of Discovery

**DBJCF** 

Grades K-8 December 2, 2023

Calling all Girl Scouts, come check out the Museum of Discovery and all it has to offer for an exclusive afterhours event. The Girl Scout pop-up shop will also be available on site for any holiday shopping needs! Families are invited to attend with their Girl Scouts. There are limited adult and tagalong spots available.

**Time:** 5:30–7:30pm Register by: Nov. 23 Where: Museum of Discovery, Little Rock **Girl Cost:** \$10, includes

exclusive afterhours access to museum, and fun patch Adult Cost: \$7, includes exclusive after hours access to

Tagalong Cost: \$7, includes exclusive afterhours access to museum

museum



### Older Girl Event

### Locavore Badge

Grades 9-10 December 9, 2023

Seniors will meet the requirements for Locavore badge.

**Time:** 2–3:30pm Register by: Nov. 30

Where: Natural Grocers, Little

Rock

Girl Cost: None Adult Cost: None

### Older Girl **Event**

### Locavore Badge

Grades 9-10 December 9, 2023

Seniors will meet the requirements for Locavore badge.

**Time:** 2–3:30pm Register by: Nov. 30 Where: Natural Grocers,

Favetteville Girl Cost: None Adult Cost: None

### Older Girl **Event**

### Archery Clinic with Arkansas Game and Fish

Grades 6-12 December 9, 2023 CSA

Looking to work on your archery skills and knowledge? Register to attend this workshop with the experts at Arkansas Game and Fish. Cadettes, Seniors, and Ambassadors will learn about equipment, safety, and technique, conservation and spend time implementing their new knowledge on the archery range.

Time: 10am-12pm Register by: Nov. 30 Where: Janet Huckabee Arkansas River Valley Nature Center, Fort Smith

**Girl Cost:** None, includes patch

Adult Cost: None

# Older Girl

# with ARcare

Grades 9-12

# Event

SA

# Women's Health Badge

December 9, 2023

Earn the Senior Women's Health badge by finding out how to make the health decisions that are right for you and what kinds of support exist to guide you. Girl Scouts will also learn about the tests that help women stav healthy, how fads and beauty practices impact health, and techniques to help you stay emotionally healthy. They will also take a closer look at a women's health issue and get the word out on a women's health topic.

**Time:** 2–3:30pm Register by: Nov. 30 Where: ARcare Positive Connections, Pine Bluff Girl Cost: None



### Older Girl Event

### **Highest Awards Training**

**CSAVF** 

Grades 6-12 December 12, 2023

Highest Awards training is designed to support adult volunteers who are advising girls earning the highest awards and Girl Scouts earning their highest awards. This training will help both Girl Scouts and volunteers understand how to keep the project aligned with Girl Scout standards and provide an understanding of the process from project proposal to final report submission. Training is split into two sections to allow for more in depth discussion and questions. The first half will cover Silver, with Gold following. This training is required for any Girl Scout wanting to start the Gold Award process.

**Time:** 6–7pm Register by: Dec. 7 Where: Virtual Girl Cost: None Adult Cost: None

### Older Girl **Event**

C

### **Program Aide Training**

Grades 6-8 January 20, 2024

Program Aide training gives Cadettes an opportunity to deepen their understanding of what leadership means to them while also learning how to work with younger Girl Scouts. This training is a prerequisite for any Girl Scout wishing to earn her Program Aide Pin. Program Aides may put their skills into practice by working with younger Girl Scouts at council programs, camps, and troop and Service Unit events. Girl Scouts will need to bring their own lunch.

Time: 10am-3pm Register by: Jan. 11

Where: Jonesboro Girl Scout

office

Girl Cost: \$25, include snacks, materials, and t-shirt

### **Detective Badge**

Grades 4-5 January 29, 2024

Ever wonder if you have what it takes to be a real detective? In this STEAM workshop, earn your Detective badge by learning the tools of the trade, following clues, and solving a thrilling mystery!

**Time:** 6–8pm Register by: Jan. 18

Where: Amazeum, Bentonville **Girl Cost:** \$20, includes materials



### Older Girl Event

### Volunteer in Training (VIT) **Program**

Grades 9-12 February 1-29, 2024 SA

Volunteer in Training program is for Senior or Ambassador Girl Scouts who'd like to mentor a Girl Scout Daisy, Brownie, Junior or Cadette group outside of the camp experience. Register to receive your online gsLearn training course. This training is one part of the requirements to earn the VIT pin. Once a Girl Scout has completed this training, she should find a volunteer mentor and create and implement a thoughtful Journey or badge program over four or more meetings/sessions.

Time: 9am-4pm Register by: Jan. 18 Where: Virtual Girl Cost: \$0



Are you ready to change the world? No matter how much time you have to give to Girl Scouts, you can make an impact. Whether you are interested in being a co-leader, adult support, cookie mom (or dad), trainer, mentor, or friend, we will find a role that suits your skills and interests.

# Our Structure

To help us manage 8,000 members each year, our council is split into 45 Service Units. Service Units and Service Unit volunteers play an important role in delivering the GSLE throughout our state. Troops and members are organized into their local Service Unit by their county and ZIP code.



### 1 NATIONAL ORGANIZATION

Girl Scouts of the USA is the national organization supporting local Girl Scout councils.

### 2 LOCAL COUNCILS

Girl Scouts — Diamonds is an independent 501(c)(3) nonprofit that fundraises to operate programs and camps for girls in Arkansas, Oklahoma and Texas.

### **3 SERVICE UNITS**

Within our council are Service Units, entities governed by our council policies and managed by adult volunteers who support the day-to-day operations of troops.

### 4 TROOPS

Troops are groups of girls matched with adult volunteers who have successfully completed a background screen.

# Ways to Volunteer

Be one of the nearly 3 million enthusiastic Girl Scout members who are discovering what it takes to make a difference in their community! Experience the fun, friendship, and power of girls together. Become a Girl Scout volunteer. Here are just a few of the many volunteer roles from which you can choose:

- Troop Leader/Co-Leader Work with a group of girls and mentor them as they make new friends and develop connections that will last a lifetime.
- Troop Support Volunteer Assist the leadership team with driving, activity planning, snacks, money management, or other tasks necessary to keep the troop running oh-so-smoothly from week to week.
- Troop Family and Friends Troop Family and Friends volunteers are parents/guardians or family friends who want to support their Girl Scout by attending troop meetings and Girl Scout events. These adult members also support the troop by occasionally helping at meetings or activities.
- Cookie Volunteers Coordinate the annual cookie sale at the troop level. Set up cookie booths, manage inventory and money, and then watch the girls light up when they earn the rewards for being the best cookie sellers ever!
- Service Unit Volunteer Mentor adult volunteers as they work with Girl Scouts to create memories they will never forget.

### **SERVICE UNIT ROLES**

Interested in volunteering, but not in a troop role? Volunteering with your local Service Unit may be for you! Our Service Units have roles that impact our girls, but you do not work directly with them. Work with other adults to provide a better experience for girls—help plan an event in your area, recruit girls at your local schools, or keep track of finances. We always need new ideas to help grow Girl Scouting in your area!

Volunteering does not require a long-term commitment—volunteer for one event, one meeting, or one year in one of the Service Unit positions. Visit our website for more complete information about volunteering with Girl Scouts.



GirlScoutsDiamonds.org | 45

# Event Registration and Information

### **ACCOMMODATIONS**

Please list all accommodations needed (allergies, accessibility needs, etc.) on the online event registration form.

### **EVENT CANCELLATIONS**

If an event is canceled, the person listed on the registration form as the troop or parent contact will be notified by phone or email. For troop registrations, it will be the responsibility of the troop contact person to notify all girls registered for the event. Cancellations initiated by the council or program partner will result in full refund of fees paid.

### **FEES**

Event fees are charged to cover the costs of events and are due at the time of registration. Fees can be paid through troop funds, individually or with Diamonds Dollars. Scholarships are not available for event fees.

### **EVENT FEE REFUND/SUBSTITUTIONS**

Event fee refunds will be given if the registrar is notified in writing 10 business days PRIOR to the event. No shows will be refunded only in the case of serious illness or family death. For serious illness, a doctor's written note is required and should be submitted within 7 days after the event. Events that are \$5 and under are ineligible for a refund. Substitutions are welcome, but please notify staff during check in if you are substituting one Girl Scout for another.

# WE'RE HERE FOR YOU!

Our Customer Care Team makes it easy to get your Girl Scout questions answered. We are focused on providing helpful information quickly and efficiently. Reach out to us:

**PHONE** 800.632.6894

EMAIL info@girlscoutsdiamonds.org

### **GIRL/ADULT RATIOS**

Leaders and other adults must follow Safety Activity Checkpoints for proper girl/adult ratios for all activities. Troop leaders/adults are responsible for the supervision of their own troop at events.

### **EVENT MINIMUMS**

Each event has a minimum number of attendees necessary for the event to occur. Event minimums will be stated in the event description on the registration page. If the minimum is not reached, it will be canceled and registrants will receive a refund.

### REGISTRATION

Registration for programs is through gsEvents, which can be accessed from the MyGS tab on our website. All families have a MyGS account (please use the forgot password option if you do not know your password). Registrations are accepted on a first-come, first-served basis. We cannot hold space without payment.

### REGISTRATION DEADLINES

Please be mindful of event registration deadlines! Early registration is encouraged, as many events fill quickly. Fees may increase past the registration deadline or spots may not be available. Starting January 1, 2023, late registrations for events will no longer be accepted. This includes switching registrations between people. All changes to registrations should be made before event registration closes. The Program Registration Information document answers your questions about deadlines, fees, refunds, cancellations and more!

### **TAGALONGS**

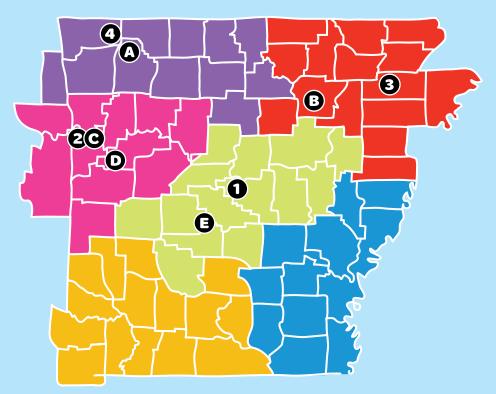
A "tagalong" is any child or adult other than the specific age-level being served at the event. Unless otherwise noted in event descriptions, tagalongs are not allowed at events due to liability issues and limited space. Leaders must check with program staff or the program partner to see if it is okay to bring tagalongs and inform their troop parents of this regulation.

# Event Etiquette

All adults and girls are expected to follow all components of the Girl Scout Law. Please adhere to the Safety Activity Checkpoints to ensure safety of Girl Scouts, families, leaders, and staff. It's important to have directions to the event venue and plan on arriving with enough time to walk

to check-in before the start time. Please be sure to check the weather and dress appropriately for the type of event you are attending. Let girls take the lead! While adults should be nearby to supervise, allow girls to do activities with minimal adult intervention. Sometimes event leaders need extra help to manage activities. If you have extra adults or self-sufficient girls, consider asking how you can help. Be sure to thank your event leaders for sharing their time and skills with you!

# Girl Scouts — Diamonds Service Areas and Properties



- 1. Central Office | Little Rock
- 2. Midwest Office | Fort Smith
- 3. Northeast Office | Jonesboro
- 4. Northwest Office | Rogers
- Southeast Region
  Served by the Central office
- **Southwest Region**Served by the Midwest office

- **A. Camp NOARK** | Huntsville
- **B. Camp Crossed Arrows** | Floral *Currently not available*
- **C. The STEAM Center** | Fort Smith
- **D. Camp Cahinnio** | Booneville *Currently not available*
- **E. Radford House** | Hot Springs

# How to Register for a Program Online

Registering online is the quickest way to reserve your spot in the program you want to attend. Here are some tips to help you get started!

- You can view programs you are registered for and past events you attended in the My Events tab of your MY GS account. You can also easily see if you still owe a balance on any program registration fees.
- Troop co-leaders can register family members and troop members for programs.
- You can let us know if you want to pay via Program Credit (Diamonds Dollars) though more action is still required:
  - NOTE: Your spot won't be saved until the program registration fee is paid in full, or the deposit is paid (on applicable programs).
  - To process payments using Diamonds Dollars, please call the retail shop.
- Some programs have required documents and additional information for registrants. To check if this applies to you, return to the program in the My Events tab and see "Additional Documents."









# Retail Services The Girl Scout Shop and More

Need the badge you earned at that fun workshop you just attended? New to Girl Scouts and need a uniform? You can shop in person at our Little Rock location, shop online, and catch us at Pop-Up Shops and other retail shopping events for all your essential and just-for-fun needs.

Find more details at <u>www.girlscoutsdiamonds.org/shop</u> and follow us on <u>Facebook</u> for shop promotions and more.

# August 2023-January 2024 Programs-at-a-Glance

All events take place in Arkansas unless otherwise noted.

PROGRAM NAME	LOCATION	DATE	D	В	J	С	S	A	V	F	PAGE
Youth Mental Health First Aid Training	Virtual	8/26							•		28
Arkansas Naturals Baseball Girl Scout Night	Springdale	9/1	•	•	•	•	•	•	•	•	29
Cybersecurity Basics Workshop	Fort Smith	9/2	•	•	•						29
Venture Out II	Fort Smith	9/2							•		29
Girl Scouts Love State Parks	Statewide	9/9-10	•	•	•	•	•	•	•	•	29
S'mores and Songs	Huntsville	9/9-10	•	•	•	•	•	•	•		29
Highest Awards Training	Virtual	9/11				•	•	•	•	•	29
Arkansas Dark Sky Festival and Campout	St. Joe	9/14-16	•	•	•	•	•	•	•	•	30
Brownies and Juniors Try Archery	Bentonville	9/15		•	•						30
S'mores and Outdoors Weekend Encampment	Columbus	9/15-16	•	•	•	•	•	•	•		30
S'mores and Outdoors - Saturday Only	Columbus	9/16	•	•	•	•	•	•	•		30
Gardening Badges Workshop	Jonesboro	9/16		•	•						30
Camp NOARK Sampler Day	Huntsville	9/16	•	•	•	•	•	•	•	•	30
Venture Out II	Huntsville	9/16							•		30
CPR/FIRST AID/AED Training	Little Rock	9/16				•	•	•	•		31
Women's Health Badge	Central	9/16					•	•			31
Southwest Training Day (VO11/III, CPR/FIRST AID, Program Aide)	Southwest	9/23				•	•	•	•		31
Gardening Badges with Master Gardeners	Pine Bluff	9/23		•	•				•		32
Water Safety with Goldfish Swim School	Rogers	9/23	•	•	•				•		32
Eating for You Badge	Little Rock	9/23				•					32
Eating for You Badge	Fayetteville	9/23				•					32
Program Aide Training	Fort Smith	9/23				•					32
Destinations Webinar	Virtual	9/26				•	•	•	•		33
Volunteer in Training (VIT) Program	Virtual	9/30					•	•			33

PROGRAM NAME	LOCATION	DATE	D	В	J	С	S	A	V	F	PAGE
CPR/FIRST AID/AED Training	Rogers	9/30				•	•	•	•		33
Venture Out II	Paragould	9/30							•		33
Youth Mental Health First Aid Training	Virtual	9/30							•		33
Highest Awards Training	Virtual	10/2				•	•	•	•	•	34
Cardboard Boat Regatta Encampment	Lake Dardanelle	10/7-8	•	•	•	•	•	•	•	•	34
Cardboard Boat Regatta - Saturday Only	Lake Dardanelle	10/7	•	•	•	•	•	•	•	•	34
CPR/FIRST AID/AED Training	Fort Smith	10/14				•	•	•	•		34
Art Day at Bradbury Art Museum	Jonesboro	10/14	•	•	•	•	•	•	•	•	34
Venture Out II	Hot Springs	10/14							•		35
Women's Health Badge	Jonesboro	10/14					•	•			35
Save the Song Birds	Bentonville	10/14			•	•			•	•	35
Brownie Up Try Archery	Bentonville	10/20		•	•	•			•		35
Program Aide Training	Rogers	10/21				•					35
Intro to Climbing	Fayetteville	10/21	•								35
Fall Encampment at NOARK	Huntsville	10/21-22	•	•	•	•	•	•	•	•	36
Textile Artist Badge	Bentonville	10/23				•	•	•	•		36
Destinations Webinar	Virtual	10/25				•	•	•	•	•	36
Venture Out II	Huntsville	10/28							•		37
CPR/FIRST AID/AED Training	Jonesboro	10/28				•	•	•	•		37
Snacks Badge	Fayetteville	10/28		•							37
Snacks Badge	Little Rock	10/28		•							37
Venture Out III – Outdoor Cooking	Paragould	10/28					•	•	•		37
Venture Out III – Outdoor Cooking	Hot Springs	10/28					•	•	•		37
Girl Scouts on Target	Springdale	10/28		•	•	•	•	•			38
Wild Bird Habitat Trek	Rogers	11/4			•	•			•		38
Program Aide Training	Little Rock	11/4				•					38
Troop Leader 101	Arkansas Game and Fish	11/4							•		38

PROGRAM NAME	LOCATION	DATE	D	В	J	C	S	A	V	F	PAGE
Venture Out III – Outdoor Cooking	Fort Smith	11/4					•	•	•		38
Cadette Archery Badge Workshop	Bentonville	11/4				•					39
Ecology Program	Hot Springs	11/4			•	•					39
Women's Health Badge	Hot Springs	11/4					•	•			39
Venture Out IV – Backpacking	Rogers	11/4-5							•		39
Art Journaling	Fort Smith	11/5				•	•	•			39
Highest Awards Training	Virtual	11/8				•	•	•	•	•	40
Early Arkansas Ingenuity, Skills Hard Work	Jonesboro	11/11			•	•	•	•			40
Coding for Good: Coding Basics Badge	Bentonville	11/11	•	•							40
Youth Mental Health First Aid Training	Virtual	11/11							•		40
Destinations Webinar	Virtual	11/16				•	•	•	•	•	41
Simple Meals Badge	Little Rock	11/18			•						41
Simple Meals Badge	Fayetteville	11/18			•						41
GirlBots	Hot Springs	11/18	•	•	•	•	•	•	•		41
Venture Out III – Outdoor Cooking	Huntsville	11/18					•	•	•		41
Older Girl Retreat	Central	12/1-3					•	•			41
Girlfest at Museum of Discovery	Little Rock	12/2	•	•	•	•				•	42
Locavore Badge	Fayetteville	12/9						•			42
Locavore Badge	Little Rock	12/9						•			42
Archery Clinic	Fort Smith	12/9				•	•	•			42
Women's Health Badge	Pine Bluff	12/9					•	•			42
Highest Awards Training	Virtual	12/12				•	•	•	•	•	43
Program Aide Training	Jonesboro	1/20				•					43
Detective Badge	Bentonville	1/29			•						43
Volunteer in Training (VIT) Program	Virtual	2/1-29					•	•			43

# Save the Date!

# 2024 Summer Camp at Camp NOARK June 9-July 19, 2024







# 2024 Annual Conference **July 2024**

Includes Adult Awards Ceremony, Annual Meeting, and workshops for Cadette, Senior and Ambassador Girl Scouts

### **Workshop feature for Girl Scouts:**

Earn the new mental health patches from GSUSA; Knowing My Emotions (Juniors), Finding My Voice (Cadettes) and Showing Up for Me and You (Seniors and Ambassadors).

Girl Scouts - Diamonds of Arkansas, Oklahoma and Texas

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