

How to Make a Bath Bomb

Materials:

- Baking soda
- Citric acid
- Epsom salt
- Cornstarch
- Oil, such as coconut oil, olive oil, or mineral oil
- Liquid food coloring
- Essential oils, herbs, or tea (lavender, rosemary, cut open tea bag, etc.)
- A mold such as a cupcake tin, cup, etc.
- Cups
- Spoons or stir sticks
- Plastic bags

Instructions:

1. With the exception of the citric acid, mix the dry ingredients in a cup.

- 2 Tbsp baking soda
- 1 Tbsp Epsom salt
- 1 Tbsp cornstarch
- Herbs/tea, just eyeball it

2. Pour all liquid ingredients in a separate cup and mix.

- 1 tsp oil
- 2-3 drops of essential oil
- 1-2 drops food coloring
- 1/8 cup of water

3. Pour the liquid mixture into the cup of dry ingredients, and combine it well.

4. Add 1 tbsp citric acid and mix (slowly). It may start fizzing

5. The mixture should be a bit crumbly (similar to the consistency of wet beach sand).

6. Mash the mixture into molds tightly as possible. You can also put the mixture in a plastic make and make a round ball, if you don't have a mold.

7. Loosen bombs from molds and put into bags. Let dry for a day before use.