

Equine Mission Statement

Empowering Young Women Through Horsemanship Experiences

Mission Statement

The mission of the Girl Scouts – Diamonds Equine Program is to offer a safe space that allows participants the opportunity to build the personal qualities of courage, confidence and character in alignment with the Girl Scout mission. It is our belief that the physical and mental challenges associated with equine programming and agricultural science pave the way for young people, particularly young women, to become confident and productive leaders.

Program Goals

To run a ground-up program that creates confidence through knowledge and provides equine-based experiences that bond families and communities.

See back side for more benefits and skills gained when girls experience working with and riding horses.



Translation of Life Skills

Listening skills
Empathy
Respect for others
Self-challenge
Following direction
Physical strength
Ability to calculate risk
in a safe environment

Healthy living
Bravery
Mindfulness
Assertiveness
Mental health
Command
Responsibility
Critical thinking

Self-control
Patience
Understanding
Discipline
Dedication
Companionship
Socialization
Competition

- Approaching an animal 10x your size takes inner strength.
- Requiring that animal do what you ask it to do is empowering.
- Taking care of that animal and the equipment used to do so, creates respect and responsibility.
- Feeds bags, saddles, muck buckets, hay bales and the like all require physical strength, the application of that strength exposes limitations that drive participants to push themselves for better.
- Riding a horse requires the participant to maintain balance on an unstable surface for extended amounts of time, this requires focus and muscle coordination.
- Reining requires hand-eye control and fine motor skills.
- Progressive lessons aide in goal setting and celebration of small victories.
- Skill building requires humility and the thirst for knowledge.
- Working with horses requires creative communication and is a lesson in interpersonal relationships.

